

Antarctica, South Georgia and the Falkland Islands



21 JAN 2019 – 09 FEB 2019



19 NIGHTS / 20 DAYS



STARTS USHUAIA

AN IN DEPTH EXPLORATION OF ANTARCTICA, SOUTH GEORGIA AND THE FALKLAND ISLANDS

The towering peaks and immense glacial systems of the Antarctic Peninsula are home to a great abundance of wildlife which we observe on shore, from the zodiacs and the ship. Large penguin rookeries are found at several locations and we encounter seals and whales in the iceberg filled waterways. Opportunities to visit historic huts and active science stations add further interest. We explore on shore through guided walks which may last up to several hours. Or if you prefer to sit and observe the penguins as they come and go from the water - why not? The more active may choose the sea kayaking option and experience a whole new side of Antarctica.

Our journey continues as we follow the course taken by Sir Ernest Shackleton whose epic small boat journey, from Elephant Island across the Scotia Sea to South Georgia remains one of the greatest feats of navigation in history. We explore the northern coastline of the island, home to some of the largest king penguin colonies on earth. The shores are covered in wildlife – including nesting albatross, fur seals and elephant seals. Rusting relics from the old whaling era sit silent and provide a dramatic contrast to the green tussock grass, and snowy peaks that surround us. We then head for the Falkland Islands and aim to spend one final day exploring the wildlife-rich Sea Lion Island and nearby by Bleaker Island. Our voyage comes to an end in Stanley – the small capital from where we fly back to South America.



Expedition Highlights

- > Fantastic glaciated scenery of the Antarctic Peninsula and South Georgia
- > Outstanding wildlife observation on shore, zodiac cruising and from the ship
- > Visits to historic sites and science stations
- > Learn about the environment, wildlife, history and ecology from polar experts

ON THIS TRIP

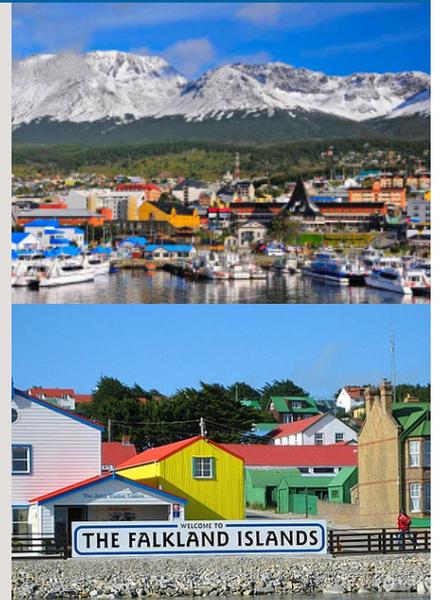
-  Zodiac excursions
-  Onshore hiking options
-  Wildlife observation
-  Photographer in Residence
-  Sea kayaking available
-  Whale watching
-  Educational presentations
-  Active Cruising & Wellness

IMPORTANT VOYAGE LOGISTICS

This trip commences in Ushuaia, Argentina. We recommend arriving in Ushuaia at least one day prior to the scheduled voyage departure. This gives you a buffer in the event of any unexpected travel delays between home and voyage embarkation and departure.

At the end of the voyage we fly from Stanley in the Falkland Islands, back to Punta Arenas (Chile) where your journey concludes. It is possible to connect through to Santiago in the early evening. Or you may choose to stay in southern Chile and continue your South American adventure. A transfer to a central location will be provided for guests staying in Punta Arenas.

Full joining instructions will be provided in your final travel documentation. If you have questions before this time, please ask us.



YOUR DAY-BY-DAY EXPEDITION ITINERARY

DAY 1 / USHUAIA (ARGENTINA) (MONDAY, 21 JANUARY 2019)

Our journey to Antarctica commences this afternoon in Ushuaia, Argentina. We gather at our central meeting point and transfer to the pier and embark our expedition ship. After settling into our cabins and exploring the ship, we meet our expedition team and fellow passengers. Excitement is in the air as we enjoy a welcome cocktail, dinner and cast off, bound for Antarctica and the adventure of a lifetime.

DAY 2-3 / DRAKE PASSAGE - AT SEA TOWARDS ANTARCTICA

Sailing south towards Antarctica we will be joined by hundreds of seabirds including the wandering albatross. Giant petrels and smaller Cape petrels are also constant companions as we transit the Drake Passage. Photographing these magnificent birds takes patience and skill and our photography expert will be on hand to show you the best techniques. Join the ship's Captain on the bridge and learn about the operations of our modern expedition vessel. Throughout the day our onboard experts educate us with a series of presentations about the environment, wildlife and history and the locations we hope to visit in the coming days.

DAYS 4-7 / GERLACHE STRAIT AND ANTARCTIC PENINSULA EXPLORATION

Take a deep breath and venture out on deck as the towering peaks of the Antarctic continent are laid out before us. This is the moment you have been waiting for. For the next three days we have a varied itinerary exploring the Gerlache coastline. If ice conditions allow, we cruise through the Lemaire Channel and may visit sites which may include Pleneau Island and the Penola Strait. Southerly Petermann Island, is home to a sizeable penguin rookery where both Adelie and gentoo penguins nest side by side. A visit to an active research base nearby provides a fascinating insight into the important climate change science occurring in Antarctica. The landscape all along this section of the Antarctic coastline feature heavily glaciated mountains permanently covered in ice and snow. Our activity program is in full swing by now, and each day we enjoy guided walks on

shore, visits to wildlife colonies, and Zodiac cruising among the ice with our expert guides providing insight and interpretation. Planned visits could include Paradise Harbour, Orne Harbour or Andvord Bay, or a cruise through the Errera Channel to visit the penguin rookeries at Cuverville Island. Wilhelmina Bay is another favourite location where we frequently encounter humpback whales.

DAY 8 / NORTHERN ANTARCTIC PENINSULA

We are now heading north, skirting the coastline of the South Shetland Islands. Along the way we hope to make a planned visit at Deception Island. If weather conditions permit, we sail the ship right into the middle of a volcanic caldera. This is a very dramatic place and home to several penguin rookeries along the black sand beaches. History is all around us as we explore the old whaling station, with the rusted relics and dilapidated wooden structures. Fur seals gather among the old structures seeking protection from the elements. At the far end of the beach is an old aircraft hangar. This is where Australian, Sir Hubert Wilkins made the very first flight in Antarctica in 1928. There is an outstanding hike here to a location known as 'Neptune's Window' - high up onto the rim of the crater. If conditions allow, we hope to enter Antarctic Sound - the broad channel that separates the continent of Antarctica from Joinville Island. This is the entrance to the Weddell Sea.

DAY 9 / ELEPHANT ISLAND

After several busy days of exploration along the Antarctic Peninsula and the South Shetlands, we head for Elephant Island - a location forever connected to the story of Sir Ernest Shackleton and the *HMS Endurance* expedition a century ago. On the windswept north coast, exposed to the swells of the South Atlantic is Point Wild. It was here that Shackleton and his exhausted men camped under their upturned boats - pondering their chances of survival. Shore landings here are notoriously tricky due to often gale force winds and pounding surf onto the rocky beach. This is a thrilling location for anyone with a passion for polar history.



DAYS 10-11 / SCOTIA SEA – TOWARDS SOUTH GEORGIA

As we depart Elephant Island we cannot help but ponder the journey made by Shackleton and his four companions – as they attempted the near impossible – navigating 800 nautical miles in a 30 foot converted lifeboat across the tempestuous Scotia Sea to South Georgia. We make a much easier time of the crossing in our state of the art expedition ship. Onboard experts keep us busy with fascinating presentations and lead lively discussions throughout the day. The great pelagic seabirds are sure to keep us company – and we anticipate excellent sightings of albatross and giant petrels soaring on the winds of the South Atlantic Ocean. Anticipation builds as the mountainous peaks appear on the horizon, marking our arrival at South Georgia.

DAYS 12-15 / EXPLORATION OF SOUTH GEORGIA

Rounding the remote south-eastern end of South Georgia, we spend the next four days exploring the coastline. Dark sand beaches, tussock covered hinterland and a backdrop of towering peaks and glaciers are a feast for all the senses. South Georgia has often been called the greatest wildlife show on earth. Seals cover the beaches, seabirds fill the skies and living in rookeries of immense size, live the majestic king penguins. Our aim is to visit a number of these huge colonies – where naturalists estimate that more than 100,000 adult and juvenile penguins live in close proximity. Locations we hope to visit include Gold Harbour, Royal Bay, St Andrews Bay and Salisbury Plain.

Dotted along the coastline are the rusting relics of the early whaling era. The largest of these locations is Grytviken. Here we find a fascinating museum and a beautifully restored Norwegian Lutheran Church. Adjacent to the old whaling station lies a small cemetery. This is the final resting place of Sir Ernest Shackleton – who was laid to rest here in 1922. For many onboard, being in the presence of the great polar explorer is a highlight of the trip. We continue our journey along the coastline, hoping to visit Stromness – another former whaling station – and the final destination of Shackleton and companions Frank Worsley and Tom Crean having made the near impossible traverse across the interior of South Georgia after their epic boat trip from Antarctica a century ago.



DAYS 16-18 / AT SEA – TOWARDS THE FALKLANDS

By now we are in sensory overload, our cameras full of images and our journey towards the Falkland Islands commences. The spectacular seabirds including several albatross and petrel species are our constant companions as they soar above the ship. The onboard educational program continues and our experts recap our remarkable journey to date. These days provide a good opportunity to catch up on journal entries, sort through your images in the multimedia room and catch some rest after several busy weeks of activity.

DAY 19 / FALKLAND ISLANDS

We wake to the sight of landfall in the Falkland Islands. Approaching Sea Lion Island, we first note the very barren and windswept landscape, exposed to the prevailing weather that originates in the Drake Passage. We launch the Zodiacs and go ashore to view the incredible diversity of wildlife found at this location. Three species of penguin including gentoo, magellanic and rockhopper, as well as southern elephant seals and South American sea lions are known to inhabit the area. King cormorants and striated caracaras are just some of the bird species we expect to see. As we cruise along the coast of the Falklands, bound for Stanley, we enjoy a special dinner attended by the ship's Captain.

DAY 20 / STANLEY – RETURN TO PUNTA ARENAS (CHILE) (SATURDAY, 12 FEBRUARY 2019)

In the early morning, we navigate through the narrows and into the harbour of Port Stanley. A transfer will take us to the airport for our return flight to Punta Arenas in southern Chile (this flight is included in the price of your voyage). It will be possible to connect to flights through to Santiago or other destinations in Chile. Otherwise enjoy a night in Punta Arenas, or venture further afield to explore the highlights of Patagonia.

ALTERNATIVE OPTIONS FOR ANTARCTICA, SOUTH GEORGIA AND FALKLANDS: There are no less than five similar itineraries in the 2018/19 season ranging between 16 and 19 nights duration. Several operate in the reverse direction, visiting the Falklands, then South Georgia followed by Antarctica. Two focused 'South Georgia – In-Depth' voyages include additional time in that location. See the website for details.

ABOUT OUR ITINERARY: Polar exploration can be unpredictable. Specific sites visited will depend on prevailing weather and ice conditions at the time of sailing. The above itinerary should be read as a 'guide only' and may change. The ship's Captain in conjunction with the Expedition Leader continually review the sailing plan throughout the voyage, making adjustments to the itinerary along the way to take advantage of optimal weather and ice conditions or to maximize our encounters with wildlife. Decades of experience spent exploring these waterways mean we have a large number of outstanding landing sites and zodiac cruising locations to consider, even when the weather conditions may not be ideal or when heavy ice may hinder our planned route. A flexible approach is something we encourage you to bring to the ship.

YOUR EXPEDITION INCLUDES:

- ✓ Comprehensive pre-voyage information package including details to help you prepare for your trip
- ✓ Transfers from central meeting point in Ushuaia to the ship on Day 1 and from Punta Arenas airport (to a downtown location) on arrival back from Stanley (Falkland Islands) on Day 20. Airport/ship transfer in the Falkland Islands also included
- ✓ Scheduled flight (Stanley/Punta Arenas)
- ✓ Shipboard accommodation in your selected cabin category with daily housekeeping. Cabins feature outside views with windows or portholes that open on each deck
- ✓ All breakfasts, lunches and dinners on board throughout your voyage with daily afternoon tea
- ✓ 24 hour tea, coffee, hot chocolate in bar/lounge plus in cabin tea and coffee making facilities
- ✓ Experienced Expedition Leader and professional expedition team of marine biologists, naturalists, historians, adventure guides and photographers
- ✓ Daily off-ship excursions by Zodiac boat breaking into small groups for shore landings
- ✓ Guided hikes and walks on shore of various durations for guests of all abilities
- ✓ Visits to wildlife colonies, historic sites, places of outstanding natural beauty and community visits
- ✓ Educational presentations and talks by polar experts in their field (ie. marine biologists, naturalists, historians etc). Onboard or on shore
- ✓ Resident photography guide available to assist all guests plus access to computers in the multimedia lab for image downloads, file back up and management
- ✓ An emergency trained Physician onboard every voyage
- ✓ Dedicated hospitality team including Hotel Manager, four chefs, professional bar staff and Adventure Concierge staff
- ✓ Onboard sauna, plunge pool, Jacuzzi and fitness centre including personal trainer and massage options (charge applies for massage and spa treatments)
- ✓ Sea Kayaking programme available (additional charge of US\$795pp) – must be reserved at the time of booking your voyage and you must have some prior paddling experience
- ✓ Access to well stocked library full of polar reference books
- ✓ End of voyage video, photos and take home USB
- ✓ Port fees and all permits to access visited areas

The right gear for your trip – included ✓



When you travel with One Ocean Expeditions, you have the use of an expedition gear package free of charge. Containing around US\$900 worth of essential equipment, this kit includes a quality waterproof/windproof jacket and bib-pants plus insulated rubber boots designed for extended walking. We also include a set of binoculars and a trekking pole for use when on shore. A waterproof backpack completes your package. This kit saves you buying expensive clothing and equipment you may only ever use once. It also eliminates the need to carry such cumbersome gear to the ship (total weight around 8kg/17lbs).

The Expedition does not include:

- › Any international or local airfare unless otherwise specified in the voyage itinerary
- › Visa and passport expenses
- › Pre or post-cruise hotel accommodation unless otherwise specified in the itinerary (or pre-arranged)
- › Pre or post-cruise transfers unless otherwise specified in the itinerary (or pre-arranged)
- › Personal expenses on board such as alcoholic beverages, bar charges or laundry expenses
- › Telecommunication charges (ie. email, satellite phone)
- › Baggage, cancellation or medical travel insurance related expenses (travel insurance is mandatory on all voyages)
- › A voluntary gratuity at the end of the voyage for expedition staff and ship crew (suggested amount – US\$12-15 per day)

THE RIGHT SHIP = THE BEST EXPERIENCE



One Ocean Voyager
(Akademik Sergey Vavilov)

Akademik Sergey Vavilov is the perfect size ship for visiting Antarctica. She carries no more than 92 passengers. This is under the maximum number of people allowed on shore (100), as mandated by the regulatory organization for tourism activities in Antarctica (IAATO). Being under this limit, means you will spend the maximum amount of time on shore, on EVERY single excursion. We do not need to operate shuttles to and from the ship or run hurried excursions. This is the reality of a visit to Antarctica on a larger capacity vessel. Once on shore, we break up into smaller special interest groups, with several hiking options, perhaps a visit to a penguin rookery, a historic site or a quiet stroll along the shoreline contemplating the magic. You decide how your day unfolds. Your time in Antarctica is precious and we aim to maximize your experience at every opportunity. To learn more about this exceptional vessel, request a copy of the [Ship Fact Sheet](#) containing detailed specifications and additional information about cabins and other facilities.

BEFORE YOU BOOK – IMPORTANT VOYAGE DETAILS

COMPREHENSIVE PRE-VOYAGE INFORMATION

Upon receipt of your deposit and booking forms, a detailed booklet will be sent to you providing additional information to help you prepare for your voyage. This resource is full of useful facts and covers practicalities such as suggested clothing, life on board the ship, wildlife, geography and history as well as details about the activities available throughout your voyage. Information regarding passports and visas, budgeting, as well as travel insurance requirements are also found in this helpful document.

TRAVEL INSURANCE

On all One Ocean Expeditions' voyages, you must have comprehensive travel insurance. Your booking agent can recommend a policy designed to cover participants on these voyages. Your policy must provide coverage for your medical costs in case of hospitalization, emergency travel and repatriation.

Please check the terms of your policy carefully, particularly with regard to limits of cover. Also ensure you are familiar with the procedure for making claims. Once you have paid your deposit or full payment, certain fees will apply if you have to cancel your holiday (see the cancellation provisions in our booking terms and conditions). For this reason you should take out travel insurance at the time of paying your deposit, which should then protect you in such a situation. You will be required to send us travel insurance policy details prior to your voyage.

PASSPORTS AND VISAS

You will need a valid passport with you throughout the journey. Some nationalities will be required to pay a 'reciprocity fee' for entering Argentina and/or Chile. It is important that your passport is valid for at least six months AFTER the expected finish date of your voyage.

SEA KAYAKING

The sea kayaking program is directed at any passenger with an adventurous spirit and some prior paddling experience. This option MUST be reserved at the time of booking and attracts an additional charge of US\$795 per participant. You can not book sea kayaking on board the ship. You will need to complete a special questionnaire outlining your previous kayaking experience. Ask your agent, or our office for a copy of this document if you are interested in joining the sea kayaking program.

THE ONE CLUB – EXPEDITION ALUMNI

Come as a passenger, leave as a friend. Once you have experienced one voyage with us, it's likely you will want to experience another. Your commitment to travel with us, is rewarded with our commitment to you, our valued guest. As members of the One Club Expedition Alumni, your loyalty is rewarded with a range of great travel benefits when you return for your next voyage — no matter the destination. Ask your booking agent for details.



IMPORTANT: The information provided here is given in good faith and has been compiled with all reasonable care. However, some of the information may become out of date. Please keep this in mind and check with us if you want to be sure about anything. The document was correct at time of printing. If you have any queries, please contact your voyage booking agent or our office. We are here to help you.



Supporting Antarctic Science

One Ocean Expeditions collaborates with various research partners, who are executing important and relevant projects while on-board our expeditions. These projects are funded and assisted by One Ocean Expeditions and our guests. Research may range from collecting data for critical oceanographic studies, to the tagging and tracking of migrant whale populations for universities and science institutions.



World Leading - the World Over

For several years One Ocean Expeditions and The Royal Canadian Geographical Society have maintained a collaborative relationship grounded in geographical education, exploration, science, social and economic community development, Canadian national identity and experiential travel. We are proud to be the exclusive marine travel partner of The Royal Canadian Geographical Society and affiliates.



The Right Team

Fewer than 100 guests on the ship doesn't mean fewer staff. Quite the opposite. You will come to appreciate the dedication of our expedition team when onboard the ship. The highest staff to guest ratio in the industry (1:4) allows you to experience the broadest range of activities possible, catering to all interests and abilities. We are known for our flexible, yet professional approach and an ability to 'make it happen'.

INTERESTED IN THIS EXPERIENCE?

When choosing to travel with One Ocean Expeditions we ensure your experience from start to finish, is straight forward and well organized.

Start by customizing your journey and mapping out the trip ahead.

If this sounds like the right trip for you, please discuss your ideas and plans with your preferred booking agent. They will reserve a cabin for you on your chosen voyage. This provides time to book flights to the embarkation points of this voyage and to plan other pre or post voyage travel requirements. Please remember that you will require comprehensive travel insurance to join our voyages. This is best arranged at the time of booking. Following confirmation of your reservation, you will need to complete a detailed **One Ocean Expeditions Booking Package** plus other pre voyage documentation to accompany your deposit. At this point your voyage of discovery is underway.

Take advantage of our experience, which spans decades of expedition travel in the Polar Regions. Should you have any questions, we are here to help at any time.

YOUR NOTES:

Trip Note Updated: 25JUL17 - RC