

17 DAYS MS FRAM
Departure: May 9, 2021

Atlantic Canada and Greenland – Expedition of History, Culture, and Nature

Itinerary 1

Explore powerful natural beauty and learn about colonial, Viking, and Inuit culture on this expedition cruise to Canada's Maritime Provinces and Greenland.



Lighthouse in Louisbourg, Canada

Day 1 Halifax
Discover this historic 18th century city and its scenic surroundings before embarkation.

Day 2 Louisbourg (Full day)
Step into Canada's colonial past at the Fortress of Louisbourg National Historic Site in Nova Scotia.
INCLUDED EXCURSION:
The Fortress of Louisbourg

Day 3 Chéticamp (Full day)
Visit the traditional Acadian French fishing village of Chéticamp on the Gulf of St. Lawrence.
INCLUDED EXCURSION:
Chéticamp at Leisure

Day 4 Magdalen Islands (Full day)
The 62-mile long Magdalen Archipelago is known for its quaint harbors, multi-hued houses, and picturesque bays.
INCLUDED EXCURSION:
Beach Cleanup

Day 5 Percé (Full day)
The charming village of Percé, Quebec, and its surroundings feature ideal hiking, bird-watching, and magnificent views of Percé Rock and Bonaventure Island.
INCLUDED EXCURSION:
Percé Walking Tour

Day 6 Havre-Saint-Pierre (Full day)
Explore the unique limestone monoliths at Mingan Archipelago Natural Reserve.

Day 7 At Sea
The Expedition Team continues its lecture program on the great explorers and climate change, as well as the marine biology, wildlife, and oceanography of upcoming destinations.

Day 8 Red Bay (Full day)
The remains of several submerged 17th century Basque whaling ships led to this small fishing town becoming a UNESCO World Heritage Site.
INCLUDED EXCURSION:
Red Bay Highlights Access

Days 9-10 At Sea
Leaving the Canadian coastline behind, we head out across the Labrador Sea and set our course for Greenland.

Day 11 Kvanefjord
Spend your first day in Greenland sailing deep into the spectacular Kvanefjord. Opt for a hike or go kayaking.

Day 12 Ivittuut (Full day)
Experience the site that archaeologists believe was the last Norse settlement in Greenland more than a millennium ago.

Day 13 Qassiarsuk (Full day)
Discover lush green meadows dotted with white sheep at Qassiarsuk, where Viking Erik the Red built his estate in 982 A.D.
INCLUDED EXCURSION:
Eric the Red - Settlement Walk

Day 14 Qaqortoq (Half day)
We dock at Qaqortoq, considered one of the most beautiful towns in Greenland, known for its scenic location and colorful houses.
INCLUDED EXCURSION:
Great Lake Walk

Days 15-16 At Sea
Bidding farewell to Greenland, we sail across Denmark Strait toward Iceland.

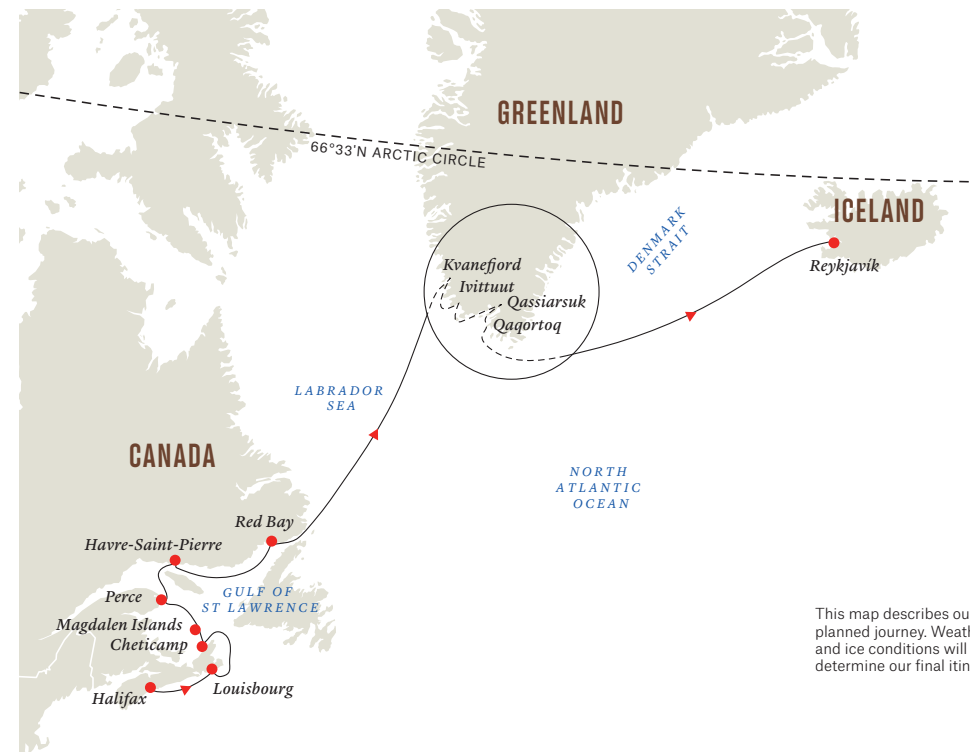
Day 17 Reykjavik
After an early arrival in the Icelandic capital, discover the city or explore more of the country on a Post-Program before heading home.



Qassiarsuk



Halifax



This map describes our planned journey. Weather and ice conditions will determine our final itinerary.



Magdalen Archipelago



Qaqortoq

Included

ACTIVITIES

- Lecture program
- Nature landings
- Art activities
- Photo program
- Science activities
- Birdwatching

Optional

EXCURSIONS

- Life of a Coal Miner, Louisbourg
- Coxheath Mountain Trails, Louisbourg
- Cape Breton Highlands, Chéticamp
- Highlights of Chéticamp
- Hiking the Highlands, Chéticamp
- A Taste of Îles-de-la-Madeleine, Magdalen Islands
- Cycling Around Cap-aux-Meules, Magdalen Islands
- Within the Heart of the Madelinot Life and Culture, Magdalen Islands
- Percé Sights and Geo Park
- Cruise Around Bonaventure Island, Percé
- Discover Innu Culture, Havre-Saint-Pierre
- Île Niapiskau, Havre-Saint-Pierre
- Havre-Saint-Pierre by Foot
- Coastal Labrador and Point Amour Lighthouse, Red Bay
- Red Bay Then and Now Historical Walking Tour
- Boat Trip to Qooroo Icefjord, Qassiarsuk
- Kaffemik, Qaqortoq
- Great Greenland Tannery, Qaqortoq
- Kayaking

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